

July 2008

KADAMPA MEDITATION CENTER WASHINGTON

6556 24th Ave NW

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MeditateInSeattle.org

Events at the Kadampa Buddhist Temple

Special Events	SUN	MON	TUE	WED	THU	FRI	SAT
<p>Bodhisattva's Confession of Moral Downfalls Saturday, July 19</p> <p>Buddha taught many different purification practices. One of the most popular and beautiful is the practice of physical prostration. Each session of this one-day retreat will provide instruction on this simple yet powerful spiritual practice. Session times: 8:00–9:30am, 10:30am–12:00pm, 4:00 – 5:30 pm. \$15 per day / \$5 per session. Free for supporters. Everyone is welcome to attend all or part of the retreat.</p> <p>Kids Day Camp Saturday, July 12 9:00 am – 3:00 pm</p> <p>A special day for kids of all ages to enjoy the Temple, have fun, and learn basic principles like kindness and patience. Both indoor and outdoor activities will be arranged, along with a kids vegetarian lunch! Everyone is welcome. \$10 for the day.</p> <p>UK Summer Festival with Geshe Kelsang July 25 – August 9 Check the website for details</p>			1 HJ 7:30 am	2 LM 12:30 pm HJ 7 pm	3 HJ 7:30 am	4 HJ 9:30 am 4th of July	5 WFJ w/tsog 5 pm
	6 PWP 10 am Tara 5:45 pm	7 HJ 9:30 am GP 7 pm	8 HJ 7:30 am Dakini Yoga 7pm	9 LM 12:30 pm HJ 7 pm	10 HJ 7:30 am OSG 7 pm	11 HJ 9:30 am DGP 12 noon Powa 7 pm	12 Kid's Camp 10 am—3pm WFJ w/tsog 5 pm
	13 PWP 10 am YP 12 noon Tara 5:45 pm	14 HJ 9:30 am GP 7 pm	15 Precepts 6:30am HJ 7:30 am Dakini Yoga 7pm	16 LM 12:30 pm HJ 7 pm	17 HJ 7:30 am	18 HJ 9:30 am DGP 12 noon WFJ w/tsog 7 pm	19 Bodhisattva's Confession of Moral Downfalls Retreat see side bar HJ 2pm
	20 PWP 10 am YP 12 noon Shrine change 1:30pm Tara 5:45 pm	21 HJ 9:30 am GP 7 pm	22 HJ 7:30 am Dakini Yoga 7pm	23 LM 12:30 pm HJ 7 pm	24 HJ 7:30 am	25 HJ 9:30 am DGP 12 noon OSG 7pm UK Summer Festival	26 WFJ w/tsog 5 pm UK Summer Festival
	27 PWP 10 am Tara 5:45 pm UK Summer Festival	28 HJ 9:30 am GP 7 pm UK Summer Festival	29 LPP 6pm UK Summer Festival	30 LM 12:30 pm HJ 7 pm UK Summer Festival	31 HJ 7:30 am UK Summer Festival		

GP /DGP - General Program / Daytime General Program - Classes open to all.
PWP - Prayers for World Peace on Sunday Morning, open to all.

FP - Foundation Program DFP=Daytime Foundation Program

TTP - Teacher Training Program

LM - Learning to Meditate, open to all.

GM - The Great Mother puja, open to all.

HJ—Heart Jewel—Prayers to the Wisdom Buddha & Lamrim. Meditation 1 hr.

Sojong—For ordained Sangha only.

Tara - Homages and offerings to Buddha Tara, open to all. 1 hr.

OSG - Offering to the Spiritual Guide - Praises and requests made every two weeks to the Spiritual Guide. Please bring a food offering. 2 hours

WFJ - Wishfulfilling Jewel - Prayers and requests to Je Tsongkhapa and our Dharma Protector Dorje Shugden. Please bring a food offering. 1 hr.

LPP- Long Protector puja – Please bring a food offering. 3-1/2 hrs.

MB Medicine Buddha/VS Vajrasattva/AV Avalokiteshvara pujas - open to all.

QP, Quick Path, Dakini Yoga —Tantric practitioners only